



# SACMHA



# Health & Social Care

## Shirley Samuels

### Research & Engagement Officer

I have over 45 years of experience in the health and social care sector, including 11 years as a Regulatory Inspector with The Care Quality Commission (CQC).

After taking voluntary redundancy from CQC I ran my own consultancy business for 3 years, supporting care services to improve and providing health and social care training.

I have Health & Social Care qualifications in delivering learning and assessing vocational achievements, in addition to a Level 5 Diploma in leadership.

I have lived experience of how mental ill-health can impact individuals and their families.

In a voluntary capacity, I have been a custody visitor with South Yorkshire Police and a primary school governor. I am currently the Welfare Officer for the Steelers Wheelchair Basketball Team.

I love reading and writing short stories with my young grandchildren.

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