# SACMHA

## Health & Social Care

# Community Mental Health Advocacy Service

Supporting your right to be heard

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**SACMHA Advocacy will:**

- Provide information on legislation and your rights and responsibilities
- Support you in the decisions made that affect your life
- Assist you in resolving complaints or problems with your care
- Promote your rights while on acute hospital wards or in residential care
- Listen to your concerns and help you to speak out or speak out for you

Your **SACMHA** advocate will always safeguard your rights and your choices. We will listen carefully and consult you before any action is taken. This is as important to us as it is to you because we care. Please be assured that your **SACMHA** advocate will always treat you with dignity and respect.

**Referrals can be made:**

- Self-directed by you
- By a family member
- Through a hospital
- Through another involved body

**Other:**

For additional questions and comments you can also contact the **SACMHA** Health & Social Care Service Director:

**0114 272 6393**
**admin@sacmha.org.uk**

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